montana State library
suggested first aid kit for libraries

# COntents

* 8 pairs of nitrile gloves (put these on top or put a pair in every zippered compartment)
* 2 protective eyewear
* blanket and sheet
* notepad and pencil
* first aid instruction sheet or booklet
* 1 adult pocket mask with filter and one pediatric pocket mask
* 6 gauze pads (4x4 or larger)
* 2 large gauze pads (8x10)
* 2 packages gauze roller bandage (2” or wider)
* 2 triangular bandages
* 12 sealed moistened towelettes for wound cleaning
* 1 bottle of sealed saline solution for rinsing wounds or eyes
* trauma shears
* tweezers
* 1 roll of medical adhesive tape
* 1 roll of coban adhesive wrap
* 1 box adhesive bandages (band-aids)
* 2 elastic wrap bandages (Ace bandage)
* 1 SAM splint 36 x 4.25”
* 3 ice packs
* 2 heat packs
* 1 CAT tourniquet
* penlight sized flashlight, extra batteries

*Prepared by Joann Flick, CE Coordinator, NAEMT and MT Board of Medical Examiners licensed EMT; vetted by the Emergency Medical Services for Children program of the MT Department of Public Health and Human Services*

Ref: OSHA required minimum first aid kit for logging: <https://www.osha.gov/pls/oshaweb/owadisp.show_document?p_table=STANDARDS&p_id=9863>

Ready.gov preparedness kit: <https://www.ready.gov/kit>

Red Cross recommendations: <http://www.redcross.org/prepare/location/home-family/get-kit/anatomy>

Mayo Clinic recommendations: <http://www.mayoclinic.org/first-aid/first-aid-kits/basics/art-20056673>

CDC Family Emergency Kit Checklist: <https://www.cdc.gov/ncbddd/hemophilia/documents/familyemergencykitchecklist.pdf>

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