

## Request for LSTA funding for Library Development Work

1. Describe your project/idea - What is it? Who will be working on the project? How much funding do you need? What is your timeline?

I am requesting funds to provide a mental health training opportunity for librarians through CIT, the Crisis Intervention Team program. This program, called the CIT Academy, focuses on a community partnership approach to handling mental health crises and consists of 40 hours of roleplaying, discussion, technique practice, and asset building in order to connect those in crises with medical treatment rather than the criminal justice system. Typically, as CIT has a very localized and personalized approach to training, a community is usually first required to set up a Crisis Intervention Team, consisting of community partners and members from all different backgrounds and fields, before organizing an academy. However, CIT is willing to discuss alterations and adjustments to the program to make it fit for a group of librarians.

In terms of scheduling, we would hope to have this Academy sometime in the spring. Deb Matteuci, the coordinator for CIT Montana, and I discussed the potential for federation meetings as a time to hold the Academy.

Amelea Kim, the Lifelong Learning Librarian, and Deb Matteuci, the CIT Montana Coordinator, would work together in planning and organizing the Academy.

Regarding costs, each Academy is limited to 40 participants, at a cost of \$125/participant. This fee includes all costs for the program (travel and lodging fees for presenters, food for all participants and presenters, materials for academy, etc). I do not have exact figures for what the lodging/travel costs for participants would be, as that would greatly depend on where the training is held. I included some percentage of travel funding in this proposal, although that is up for negotiation. I have included some estimates below:

### CIT Academy Cost Estimates

Description	Total
Registration costs for 40 participants, \$125 per person	\$5000

2. What does success look like? What are you trying to accomplish?

Through this training, I am hoping to accomplish the following:

1. Provide high quality mental health training to librarians, specifically focused on de-escalation techniques
2. Help librarians feel more confident in handling future situations with those in mental health crises
3. Create a foundation for future mental health training in Montana

Success for this program would look like the following:

1. Librarians who take this training will feel more confident dealing with mental health situations

2. Librarians will know what future topics they would like to learn more about
3. Librarians will actively seek out mental health trainings in the future, with this introduction
4. Librarians will take this training back to their libraries and help train their colleagues

Things for Future Consideration:

1. Since Deb expressed a willingness for CIT to alter and adjust the training program, I'd like to consult with librarians to make sure we cover the topics that are most in demand
  
3. Which LSTA goal from the 2018-2022 5-Year Plan does it meet? Which outcomes?

This program meets the following goals:

1. Goal 1: Collaboration
  - a. Assisting libraries with community education and outreach – librarians have better tools at their disposal to create welcoming spaces, as well as help destigmatize mental health and those in crises.
  - b. Books, magazines, and access to information – participating in collaborative efforts to save staff time and improve workflows
2. Goal 3: Community Leadership
  - a. Programming focused on lifelong learning – librarians become tuned into the mental health conversations in their communities, and how they can contribute and assist with those issues
  - b. Continuing to support libraries – targeting library services beyond traditional purview, and expanding into community well-being, and providing service to those who most need it.